

Palato Cafe

BREAKFAST



AVOCADO TOAST Toasted bread, eggs, avocado, cream cheese with herbs, spinach, Himalaya salt, and black pepper. **\$6.80**

LOX TOAST Toasted bread, smoked salmon, cream cheese, avocado, arugula, onion, tomato. **\$7.50**

LOX SANDWICH Croissant bread, smoked salmon, capers, onion, tomatoes, cream cheese with herbs. **\$7.50**

SOL Y MIEL Toasted bread, ricotta cheese, fruit, almond, honey, avocado. **\$6.00**

AVOCADO TORTILLA Tortilla, Eggs, cream cheese with herbs, avocado, spinach, Himalaya salt, black peppers. **\$6.80**

EGG SANDWICH Croissant bread, scramble eggs, cream cheese with herbs, ham, mozzarella cheese. **\$5.50**

OMELETTES **\$7.00**

1- PRINCIPITO Mushrooms, tomato, mozzarella, basil, olive oil.

2- SAMBA Sweet plantain, mozzarella, bacon.

TAMAGO **\$7.00**

1- TURKEY Egg tortilla rolled, turkey, spinach, cranberries, cream cheese with herbs, bread.

2- PROSCIUTTO Egg tortilla rolled, prosciutto, spinach, cream cheese with herbs, cherry tomatoes, bread.

CASSEROLES **\$7.00**

1- NEAPOLITAN Eggs, ham, tomatoes, basil, Parmigiana cheese, bacon.

2- POET Eggs, Onion, garlic, spinach, mushrooms, oregano, feta cheese.

ADD S

Extra meat **\$2.50** Extra Shrimp **\$3.00**
Extra Avocado **\$0.75** Extra Chesse **\$0.75**

CRAVINGS



CAPRICE Tomatoes, fresh Mozzarella, basil, olive oil. **\$6.50**

HAPPY SWEET Sweet plantain, honey, cinnamon, mozzarella cheese. **\$5.50**

CEVICHE Tropical sauce (tomatoes, onion, garlic, cilantro), olive oil, shrimps, lime, avocado. **\$8.80**

SOUPS AND SALADS



SOUP OF THE DAY Cup **\$4.50** Bowl **\$5.50**

GREEK SALAD Grilled chicken, feta cheese, Kalamata olives, tomatoes, red onion, cucumber, lettuce, dolmades, basil vinaigrette. **\$10.00**

TURKEY LOVER Grilled turkey, goat cheese, avocado, eggs, tomatoes, peppers, onion, lettuce, basil vinaigrette. **\$10.00**

GRILLED CHICKEN, HAM, AND MOZARELLA SALAD Chicken, ham, mozzarella, cherry tomatoes, onion, peppers, dry cranberries, onion sauce, lettuce. **\$9.50**

ADD S

Extra meat **\$2.50** Extra Shrimp **\$3.00**
Extra Avocado **\$0.75** Extra Chesse **\$0.75**

CONTACT US

915 17Th Avenue, Suite 101, Vero Beach, FL 32960
Ph. #772-643-4975
www.palatocafevero.com

***CONSUMER ADVISOR:** Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs, may increase your risk of foodborne illness, especially if you have certain medical conditions.

SANDWICHES & WRAPS



PERUGIA SANDWICH Smoked salmon, capers, fresh cheese, lettuce, onion, tomatoes, peppers, basil sauce. **\$9.00**

OGLIO SANDWICH Prosciutto, Brie cheese, mushrooms, garlic sauce. **\$8.50**

MORROCAN SANDWICH Roast Beef, tomatoes, onion, mozzarella, olives, cilantro, onion sauce. **\$9.50**

CALABRIA SANDWICH Grilled chicken, ham, mushrooms, onion, goat cheese, onion sauce. **\$9.00**

CUBAN SANDWICH Pork, ham, pickles, swiss cheese, garlic sauce. **\$8.00**

HAWAIIAN WRAP Ham, mozzarella, lettuce, onion, tomatoes, peppers, pineapple sauce. **\$7.50**

PROSCIUTTO WRAP Prosciutto, goat cheese, tomatoes, lettuce, spinach, onion sauce. **\$8.50**

MEDITERRANEAN WRAP Shrimp, onion, tomatoes, lettuce, peppers, cilantro, lime, Pink and basil sauce. **\$9.50**

CREATE YOUR OWN SANDWICH OR WRAP



\$7.50

MEATS Beef, chicken, ham, turkey, pork. (Extra Meat **\$2.50** Avocado **\$0.75**
Beef **\$3.00** Shrimp **\$3.00** Tuna **\$3.00**)

VEGGIES Tomatoes, onion, peppers, cucumber, carrots, spinach, olives, jalapeno, lettuce, banana greens.

CHEESE Mozzarella, provolone, feta, swiss.

SAUCES Garlic, onion, basil, vinaigrette, hummus, spices.

WRAPS Tomatoes, spinach, plain.

BREAD White roll, whole wheat, ciabatta, gluten free, Seed bread.

PASTRIES



CHEESE BREAD (Pandebono) **\$1.50**

GUAVA PASTRIES **\$1.50**

TIRAMISU **\$3.50**

TRES LECHES **\$3.50**

BANANA COCONUT BREAD **\$3.00**

BROWNIE **\$2.00**

MACARRONIES **\$1.50**

BAKLAVA **\$3.00**

BOWLS



\$8.00

ONE (1) PROTEIN Chicken, Pork or Turkey. Extra **\$1.00** Beef, Shrimp or Tuna.

ONE (1) CHEESE Mozzarella, Provolone, Feta or Swiss. Extra **\$0.75** Goat cheese.

TWO (2) BASES Lentils & black beans, Chickpeas & parsley, Quinoa with balsamic, Balsamic green rice.

THREE (3) VEGGIES Greens (Spinach, lettuce, arugula, cabbage), Tomatoes - Cilantro, Onion, Peppers, Carrot, mint, Cucumber, Mushrooms.

Extra **\$0.75** Avocado

STRONG BOWL Balsamic Quinoa, Lentils, black beans, chickpeas, arugula, carrots, tomatoes, hummus. **\$7.80**

BONISSIMO BOWL Balsamic quinoa, lentils, Cucumber, onion, cherry tomatoes-cilantro, spinach, arugula **\$7.80**

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